



NUTRITION COUNSELLING



STEP 1 - Personalized Consultation

A Nutritionist will provide a plan and recommendations tailored to the patient's specific needs.

STEP 2 - Follow up Session

To assess progress and make adjustments to the plan.

For covid-safety , this session will be virtual for the time being.



Digital Access to 3 Video Capsules on Nutrition

available on www.jampcare-support.ca



Visit: www.jampcare-support.ca